11. The method of claim 3, further comprising:

accessing data related to people participating in communications responsive to a user request.

12. The method of claim 3, further comprising:

setting personal information for a user of the user interface responsive to user input of personal information.

13. The method of claim 12, wherein:

the personal information set for the user includes personal status information.

14. The method of claim 13, wherein:

the personal information set for the user includes personal contact information.

15. The method of claim 13, wherein:

setting personal information for the user includes setting rules for contacting the user.

16. The method of claim 15, wherein:

the rules for contacting the user are based on identifying information related to people attempting to contact the user.

17. The method of claim 15, wherein:

the rules for contacting the user are based on activities engaged in by the user.

18. The method of claim 1, wherein:

the method is performed by a processor executing instructions, the instructions embodied in a medium, the instructions causing the processor to perform the method through execution of a media player responsive to a content file.

19. An apparatus, comprising:

a server interface;

- a user interface, the user interface including a set of communications interfaces, the communications interfaces modifiable responsive to communications scheduling information and user requests;
- a content file including instructions for a media player to execute, a media player implementing the user interface and the server interface responsive to the instructions of the content file, the media player predicting upcoming communications sessions responsive to communications scheduling information, the media player modifying the user interface responsive to predicting upcoming communications sessions, the media player receiving personal information related to people involved in communications sessions, the media player modifying the user interface to display personal information related to people involved in communications sessions;

and

a media player to access the content file.

20. The apparatus of claim 19, further comprising:

means for accessing data related to people involved in communications sessions.

- 21. The apparatus of claim 19, further comprising:
- a personal data interface to access data related to people involved in communications sessions of a data repository.
- 22. The apparatus of claim 13, wherein:

the media player is embodied in a medium as instructions, the instructions executed by a processor.

23. A method of providing a communications user interface using a media player, comprising:

displaying a set of communications interfaces in a user interface;

receiving data related to a schedule of communications;

receiving data related to people participating in communications of the schedule of communications;

modifying the set of communications interfaces responsive to data related to people participating in communications;

predicting upcoming communications sessions responsive to data related to the schedule of communications;

modifying the set of communications interfaces responsive to the predicting;

receiving user requests;

and

operating the set of communications interfaces responsive to the user requests.

24. The method of claim 23, further comprising:

showing data related to people participating in an incoming communication request.

25. The method of claim 24, wherein:

the set of communications interfaces includes one or more of the group consisting of a peer-to-peer communications interface, a voice-over-IP communications interface, an email interface, a chat interface, and a video-conference communications interface.

26. The method of claim 23, further comprising:

receiving authentication of user identity;

and

unlocking the set of communications interfaces responsive to authentication.

27. The method of claim 23, further comprising:

accessing data related to people participating in communications responsive to a user request.

28. The method of claim 23, further comprising:

setting personal information for a user of the user interface responsive to user input of personal information.

29. The method of claim 23, further comprising:

displaying status of the communications interfaces of the set of communications interfaces in a status console in the user interface.

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